



POSTER BRIEFING NOTES

The International Society for Behavioural Nutrition and Physical Activity welcomes your contribution to the 2011 Annual Meeting.

In order to ensure that your presentation runs smoothly, a number of services and facilities will be provided for you. Please take the time to **read these briefing notes ahead of time** to ensure your presentation is successful.

GENERAL INFORMATION

Poster presenters will need to check in at the registration desk when they first arrive at the Meeting to collect their name badge and other related materials. From there presenters will be directed to the Poster Display area where posters can be mounted on allocated poster boards.

If you have any queries regarding the program or your presentation, please visit the **registration desk** located on Level 2 of the Melbourne Convention and Exhibition Centre. The desk will operate during the following times:

Wednesday 15 June 20110900 – 2030
 Thursday 16 June 20110700 – 1900
 Friday 17 June 20110730 – 1800
 Saturday 18 June 20110730 – 1500

POSTER PROCEDURE

Poster boards will be located on Level 2 of the Melbourne Convention and Exhibition Centre. A list of posters and allocated numbers will be in the Meeting Handbook that you will receive when you register onsite at the Melbourne Convention and Exhibition Centre.

Posters will be displayed only for **ONE (1)** day of the conference. Please ensure you check the Program to confirm which day your poster will be displayed. Please ensure that your poster is displayed on the correct poster board. Do not place your poster in an alternate location. Posters left behind at the conclusion of the Meeting will be discarded. Please ensure you collect your poster at the conclusion of the day your poster was on display.

Please put up your posters first thing in the morning and remove them at the end of the day.

POSTER SESSION 1: Thursday 16th June

- Individual and social correlates of physical activity and sedentary behaviour
- Parents and children
- Physical activity, sedentary behavior and health outcomes
- Technology
- Patterns of physical activity or sedentary behavior in young people

POSTER SESSION 2: Friday 17th June

- Diet and health outcomes
- Body weight and obesity
- Reviews
- Individual interventions
- Measurement methods
- Active transport

POSTER SESSION 3: Saturday 18th June

- Environmental correlates
- Policy
- Community, worksite and school interventions
- Individual and social correlates of eating behaviors

PREPARATION OF POSTERS

Posters should meet the following criteria:

TITLE

The title should reflect the content of your poster and match your abstract submission.

CONTACT INFORMATION

Name, organisation, telephone number, email address of the corresponding author and the affiliations of all co-authors should appear on the poster.

SIZE

Poster dimensions are to be no more than **portrait size AO** 841mm X 1189mm. The Board itself will only be 1m wide, therefore any posters that are larger than 900mm will not fit and will overlap with another presenter's poster.

Please ensure that you bring **velcro** with you to attach your poster to the board – as the use of pins to secure posters is not allowed.

RECOMMENDATIONS

TYPE OF TEXT	SIZE OF CHARACTERS	CASE / STYLE	GENERAL ADVICE
TITLE	20-24 mm or 100 point maximum	Title Case / Bold	At the top of the poster include the title of the presentation, the name of the authors and the contact details for the corresponding author.
HEADINGS	48 point is suggested 60 point maximum	Title Case	Headings such as "Introduction", "Methods", "Results", "Discussion" and "Conclusions" are useful.
CONTENT	24-28 point 32 maximum Single spaced	Upper and Lower Case	The text should be brief throughout. Any description of methods should be simple and concise.

GENERAL ADVICE FOR THOSE WHO HAVE NOT PREVIOUSLY PRESENTED A POSTER

- The message that your poster contains should be clear and understandable without the requirement of oral explanation. Methods should be presented simply and concisely.
- Please ensure your poster is professionally printed.
- Handouts can be very useful, however please note that these cannot be placed on the floor for safety reasons. If handouts or poster packaging is found on the floor the Meeting Managers will remove it. Handouts can be secured in a pouch attached to your poster if you wish to supply these; alternatively you can hand items to interested delegates.
- After the title, the two most important panels are the Introduction and the Conclusion. On the basis of these two panels, a reader will decide whether to consider the poster details and perhaps talk to the presenter. These panels need to be very simple, concise and visually attractive.
- Results should be presented graphically if possible. Avoid large tables of data.
- Use pictures, symbols and colour. Figure legends are essential and should be short but informative. Each graph should have a short heading. For visual effect, we recommend that graphs be no smaller than 12cm x 18cm.
- A matt finish on photographs gives better visibility. Photographs should be no smaller than 12cm x 18cm.
- Use the space to attract your audience for discussion, not to present complex details of methods and results.

Please ensure that you bring **velcro** with you to attach your poster to the board – as the use of pins to secure posters is not allowed.

LANGUAGE

Please note that the official Meeting language is English. All posters must be displayed in English.

FURTHER ASSISTANCE

If you require further assistance, please contact the Meeting Managers, **arinex** at:

Email: ISBNPA2011@arinex.com.au

Phone: +61 3 9417 0888

Fax: +61 3 9417 0899

Thank you for your help in making the 2011 Annual Meeting of ISBNPA a success.