



Pre-Conference Workshop Information

With the ISBNPA 2011 Annual Meeting fast approaching, we would like to provide you with some valuable information to assist you. Please read the following to ensure you are adequately prepared for your attendance at the pre-conference workshops.

WORKSHOP INFORMATION

All workshops will be held on Wednesday 15th June 2011.

Please note the pre-conference workshops are being held across two locations in Melbourne. Ensure you check which venue your workshop is being held at in advance.

Melbourne Convention and Exhibition Centre Workshops

Advanced Motivational Interviewing Skills Advanced MI SKILLS: Bridging the WHY AND HOW PHASES

Time: Full Day Workshop 9.30am – 4.30 pm
Venue: Melbourne Convention and Exhibition Centre
Presenter: Professor Ken Resnicow

Healthy Parks Healthy People – promoting physical activity by connecting communities with parks and open space

Time: Half day workshop 9.00am – 12.30 pm
Venue: Melbourne Convention and Exhibition Centre
Presenter: Stuart Ord

Technology Based Diet and Physical Activity Assessment

Time: Half day workshop 1.00pm – 4.30 pm
Venue: Melbourne Convention and Exhibition Centre
Presenter: Professor Tom Baranowski

Deakin University Melbourne City Centre

Discovering Mechanisms of Physical Activity and Dietary Behaviour Change: Mediation and Moderation Analyses

Time: Full day workshop 9.30am – 4.30 pm
Venue: Deakin University Melbourne City Centre – Level 3, 550 Bourke St Melbourne

Presenters: Associate Professor Ester Cerin, Dr Maartje van Stralen and Dr Saskia te Velde
Requirement: Each participant **must** bring their own laptop and have SPSS, R and/or Stata software loaded onto their computer beforehand. There will not be any access to computers or the software at the workshop. **Computers must have fully charged batteries** on arrival as there will be limited access to power points. For international delegates, you will be required to bring your own power adapter.

Electric Current: Electric current within Australia is 240 Volt, AC 50 cycles. Two or three pin rectangular plugs are used. For more information, please visit your local travel store.

Top Tips for Writing and Publishing your First Papers

Time: Half day workshop 9.00am – 1.00pm
Venue: Deakin University Melbourne City Centre – Level 3, 550 Bourke St Melbourne
Presenter: Associate Professor Frank J van Lenthe and Professor Kylie Ball

LOCATION

The Melbourne CBD is approximately 30 minutes by car from Melbourne Airport. There are a number of transport options on offer from the airport.

Each airport terminal has its own sheltered taxi rank with supervisors on hand in peak hours to ensure a smooth flow of taxis for travellers.

Bus Service – the SkyBus service operates every 10 - 15 minutes during the day between Melbourne airport and the city. This service takes approximately 25 minutes to arrive at Southern Cross Station in the CBD and the cost is A\$16 one way (A\$26.00 return). SkyBus also offers complimentary hotel transfers to most CBD hotels. Please note operating times and hotel exclusions apply.

For further information, to book your ticket online or view the complimentary CBD hotel shuttle bus information visit www.skybus.com.au or phone + 61 3 9335 2811.

Contacts have been provided below if you would prefer to pre-book your taxi during your stay in Melbourne.

Melbourne Cabs

Phone: 1300 9091 9422 (Airport transfers)

Phone: 03 9091 9440 (City transfers)

Web: www.melbournecabs.com.au

Silver Top Taxis Melbourne

Phone: 131 008

Web: www.silvertop.com.au

Yellow Cabs Melbourne

Phone: 13 1924

Web: www.yellowcab.com.au

Wheelchair Accessible Taxis Melbourne

Phone: 9277 3877

Web: www.silvertop.com.au

GETTING TO THE MELBOURNE CONVENTION AND EXHIBITION CENTRE (MCEC)

The Convention Centre is located at: 1 Convention Centre Place, South Wharf Melbourne.

The following transport options are available:

Trains – The nearest train station is Southern Cross Station located at cnr Collins St and Spencer St (a 10-15 minute walk to the MCEC).

Tram – Trams run along Spencer Street every few minutes. Tram routes that travel past the MCEC include; 96, 109 and 112.

If you are staying in Melbourne for the week and plan to use public transport, we recommended purchasing a weekly ticket. Please visit www.metlinkmelbourne.com.au for more information on tickets for trams, trains and buses.

To view the Melbourne Convention and Exhibition Centre map click [here](#)

GETTING TO DEAKIN UNIVERSITY MELBOURNE CITY CENTRE (DUMCC)

Workshops are located at: Level 3, 550 Bourke Street, Melbourne.

The following transport options are available:

Trains – The nearest train station is Southern Cross Station (a short walk to the DUMCC).

Tram – Trams run along Bourke Street every few minutes. Tram routes that travel past DUMCC include; 86 or 96.

If you are staying in Melbourne for the week and plan to use public transport, we recommended purchasing a weekly ticket. Please visit www.metlinkmelbourne.com.au for more information on tickets for trams, trains and buses.

To view the Deakin University Melbourne City Centre map [click here](#)

REGISTRATION PROCESS

Deakin University Melbourne City Centre pre-conference workshops

Participants are **not** required to report to the Conference Registration Desk at the Melbourne Convention and Exhibition Centre prior to attending their workshop. Please proceed directly to your pre-conference workshop.

Melbourne Convention and Exhibition Centre pre conference workshops

Participants **are** required to report to the Conference Registration Desk located on level 1 before attending their workshop. The registration desk will be open from 0830 to provide participants with their workshop information.

The registration desk is located in the Level 1 Foyer of the Melbourne Convention and Exhibition Centre. The registration desk will be open during the following times:

Wednesday 15 June 2011 0830* – 2030

Thursday 16 June 2011 0700 – 1900

Friday 17 June 2011 0730 – 1800

Saturday 18 June 2011 0730 – 1500

For all onsite registration enquiries please contact the **Registration Desk on: +61 3 9235 8658**

* Only open for workshop registrations from 8.30 am. General delegate registrations open from 9.00 am.

QUESTIONS

If you have any queries about any of the information given, or any aspects of the Meeting please contact arinex:

For registration enquiries, please contact:

Tel: 1300 799 691 (within Australia)

Tel: + 61 2 9265 0700 (International)

Email: isbnpa2011@arinex.com.au

For speaker enquiries, please contact:

Email: isbnpa2011@arinex.com.au



We look forward to welcoming you to the ISBNPA 2011 Annual Meeting.

Safe Travels!